



ROMA 2026 World Taekwondo Grand-Prix
June 5-7, 2026 / Rome, Italy
Official Outline



March 4, 2026

To: Presidents and Secretaries General,
WT Member National Associations

Re: Roma 2026 World Taekwondo Grand-Prix

Dear beloved Taekwondo Family,

It is with great pleasure that I welcome you to the Roma 2026 World Taekwondo Grand Prix, to be held from 5 to 7 June 2026 in the historic city of Rome, Italy.

Guided by our 2026 World Taekwondo motto, “**Reborn, Together,**” the Roma Grand Prix carries special significance. It reflects our shared commitment to renewal, unity, and the continued growth of our sport. The World Taekwondo Grand Prix series represents the highest level of elite competition, bringing together the world’s top-ranked athletes in a showcase of excellence, determination, and sportsmanship.

Rome, a city renowned for its history and enduring legacy, provides an inspiring stage for this prestigious event. I am confident that the Organising Committee, in close cooperation with World Taekwondo, will deliver an event of the highest technical and organisational standards.

I extend my sincere appreciation to World Taekwondo Council Member and the Italian Taekwondo Federation President Angelo Cito and his team, the local authorities, and all partners and stakeholders for their dedication and hard work in preparing this event. I also thank our Member National Associations, athletes, coaches, referees, and officials for their continued support and participation.

May the Roma 2026 World Taekwondo Grand Prix embody the spirit of “Reborn, Together,” strengthening our unity and inspiring excellence across the global Taekwondo family.

Sincerely yours,

A handwritten signature in black ink that reads "Chungwon Choue".

Chungwon Choue
President

PLEASE NOTE THAT THIS DOCUMENT IS ONLY THE OUTLINE AND NOT AN INVITATION TO THE ROMA 2026 WORLD TAEKWONDO GRAND-PRIX

OUTLINE

ROMA 2026 WORLD TAEKWONDO GRAND-PRIX

1. PROMOTER:	WORLD TAEKWONDO (WT)
ADDRESS:	10th Fl., Booyoung Taepyeong Bldg. 55 Sejong-daero, Jung-gu, Seoul, Korea, 04513
TELEPHONE:	+82.2.566.2505
FAX:	+82.2.553.4728
E-MAIL:	sport@worldtaekwondo.org (Sport & Event Management Department)
WEB-SITE:	http://www.worldtaekwondo.org
2. ORGANIZING MNA:	FITA - ITALIAN TAEKWONDO FEDERATION
ADDRESS:	Palazzo delle Federazioni, Viale Tiziano 70, 00196 Rome, Italy
E-MAIL:	Competition: sport@taekwondoitalia.it VISA: international_department@taekwondoitalia.it
3. ORGANIZING COMMITTEE:	FITA - ITALIAN TAEKWONDO FEDERATION
ADDRESS:	Palazzo delle Federazioni, Viale Tiziano 70, 00196 Rome, Italy
E-MAIL:	sport@taekwondoitalia.it
WEB-Site:	romagrandprix.it

4. VENUE: Foro Italico, Rome, Italy

5. QUALIFICATIONS

In accordance with *Article 4: Qualification of Contestant* of the WT Competition Rules, the contestant must be:

CRITERION #1:	Holder of the nationality of the participating team
CRITERION #2:	An athlete must be the one selected by the WT based on the WT Olympic Ranking published on February 1, 2026. The pre-registration information shall be extended to the pertinent member national taekwondo association that is recognized by the World Taekwondo.
CRITERION #3:	Holder of the Kukkiwon Dan or Poom Certificate (* A copy of the Dan certificate should be uploaded to GMS when registering for the event. In case a contestant has applied for a Kukkiwon Dan certificate but has not received it yet, a copy of the Dan application form and the remittance certificate sent to the Kukkiwon must be uploaded to GMS when registering for the event. Please refer to the Kukkiwon Web site (www.kukkiwon.or.kr) for more information.)
CRITERION #4:	<u>An athlete must be 17 years old or older.</u> An athlete who was born in the year of 2009 or before is eligible to participate in the competition.
CRITERION #5:	Holder of valid WT Global Athlete Licence (GAL). * <i>Any questions on the WT GAL please contact your assigned WT GMS Manager</i>

6. COMPETITION RULES

The latest WT Competition Rules & Interpretation shall be applied.

7. METHOD OF COMPETITION

- i. Single elimination system
- ii. Event Grade: G-6
- iii. Number of athletes: Maximum 32 per weight category.
- iv. Seeding and drawing of lots: All ranked athletes based on February 2026 WT Olympic Ranking shall be seeded accordingly.
- v. Host country seeding: The host country quota athlete shall be seeded in 9th place, provided that no athlete from the host country is already seeded within the top eight (8).

In the event that the host country does not utilize the host country quota, the following shall apply:

- a. If the host country has two (2) athletes selected based on ranking, the host country shall designate which athlete will be seeded in 9th place.
- b. If the host country has one (1) athlete selected based on ranking, that athlete shall be seeded in 9th place.

8. CONTEST TIME

Best of 3 system (2 minutes x 2(3) rounds with 1 minute break)

9. CONDITIONS FOR PARTICIPATING TEAMS

Round trip airfare and accommodation charges of room and board shall be borne by the participating Member National Association.

10. REGISTRATION GUIDELINES (TEAM ENTRIES PER COUNTRY)

POSITION	MAX. NO. OF MEMBERS	
	MALE	FEMALE
HEAD OF TEAM:	1	
MANAGER:	1	1
COACH:	2	2
TRAINER:	2	2
TEAM MEDICAL STAFF:	3	3
MNA OFFICIALS	2	
MNA GUESTS	2	
CONTESTANTS:	2 per weight category	2 per weight category

***A maximum of one (1) contestant per weight category may be added in the event that an athlete qualifies through the Grand Prix Challenge**

- i. All Athletes and Team officials must hold a WT Global Athlete Licence (GAL) or Global Official Licence (GOL) valid for the event.
- ii. National Team Entry will only be accepted through the WT online registration system and registration is only possible with a valid WT Global Licence. Assigned MNA GMS admins will be notified via email once online registration opens. All athletes and officials must be registered under team name "Country Name National Team", for example "Uzbekistan National Team"
- iii. Only the athletes listed on the pre-registration list may be registered.
- iv. Athlete entries submitted after the registration deadline will not be accepted under any circumstances. Changes to weight categories will also not be permitted.
- v. Athletes and team officials registered online may be replaced without penalty before the **close of the pre-registration period**.

- vi. Registration fee will not be charged for cancellation of participation before the **close of the pre-registration period**.
- vii. Registration fee must be paid in full in case of cancellation of participation of selected athletes after the close of the pre-registration deadline or in case of no-show.
- viii. Team officials can hold **ONLY** one position, holding multiple positions (roles) is not allowed.
- ix. Additional Penalty: Penalty of US\$100 per person shall be paid to the Organizing Committee at the accreditation center in the following cases:
 - A team official (any position listed above except for contestants) who is not registered online but seeks accreditation onsite, even if the total number of team officials does not exceed the designated limit.
 - Any team official (any position listed above except for contestants) who seeks to be accredited, online or onsite, exceeding the designated number of entries.
 - Any changes or additions that are made to a team entry list (except for contestants) after the **close of the pre-registration period** will incur a US\$100 penalty. This penalty will be considered the onsite fee for approved changes or additions to the team entry list.
 - Any changes or additions made to a team entry list (except for contestants) after the online registration has closed **MUST** be approved in person by the Head of Team or Manager. If no Head of Team or Manager is registered for the event, then written confirmation from the MNA President, Vice President, Secretary General or GMS Administrator will be required.
- x. Re-print Penalty: Penalty of US\$50 per accreditation shall be paid to the Organizing Committee at the accreditation center for any re printing of accreditation cards due to loss of accreditation.
 - * **Any WT Global Licence registration completed onsite will incur a US\$50 onsite processing fee per WT Global Licence required.**

11. WEIGHT CATEGORIES

Men's division		Women's division	
Under 58kg	Not exceeding 58kg	Under 49kg	Not exceeding 49kg
Under 68kg	Over 58kg & Not exceeding 68kg	Under 57kg	Over 49kg & Not exceeding 57kg
Under 80kg	Over 68kg & Not exceeding 80kg	Under 67kg	Over 57kg & Not exceeding 67kg
Over 80kg	Over 80kg	Over 67kg	Over 67kg

12. ATHLETE SELECTION CRITERIA AND PROCESS

- i. **Pre-registration Eligibility**
 The top seventy (70) athletes per Olympic weight category, based on the WT Olympic Ranking published in February 2026, shall be eligible to pre-register for the event. Athletes qualified through the Grand Prix Challenge shall also be required to complete pre-registration.
- ii. **Selection of Athletes**
 From among the athletes who have completed pre-registration, the top twenty-eight (28) athletes per Olympic weight category, according to the WT Olympic Ranking published in February 2026, shall be selected to participate. In addition, three (3) athletes per Olympic weight category qualified through the Charlotte 2025 World Taekwondo Grand Prix Challenge shall be invited, in addition to and separate from the top twenty-eight (28) ranked athletes.
- iii. **Maximum Quota per MNA:** Two (2) athletes per weight category
- iv. **Qualification Through the Grand Prix Challenge**
 One (1) additional athlete per Olympic weight category may be invited if qualified through the Grand Prix Challenge. This invitation shall be granted in addition to the maximum quota per MNA.
- v. **Host Country Quota**
 One (1) additional athlete from the host country per Olympic weight category may be invited. If the host country has two (2) athletes qualified through the WT Olympic Ranking and one (1) athlete qualified through the Grand Prix Challenge, a maximum of four (4) athletes from the host country may participate in that Olympic weight category.

vi. **Entry Confirmation Timeline**

- Pre-registration period: March 4-18, 2026
- Notification of selected athletes: March 23, 2026 or thereafter
- Athlete replacement deadline: May 27, 2026 (In the event of withdrawal of the selected athletes)

13. ENTRY PROCEDURE AND FEES

Entry fees from participating Member National Associations (MNAs) shall be paid online through the WT Global Membership System (GMS). MNAs must complete registration and pay the applicable entry fees during the designated registration period. No cash payments shall be accepted on-site.

Only athletes included in the pre-registration list may proceed with registration and payment. If an athlete is not included in the final list of selected athletes, the entry fee shall be refunded.

Athletes shall not be permitted to compete unless the entry fee has been successfully paid.

- **Entry Fee:** USD 100 per athlete.
- **Pre-registration Period:** March 4, 2026, 17:00 to March 18, 2026, 17:00 (Swiss local time)

14. PENALTIES FOR WITHDRAWAL AND NO SHOW

- i. Any confirmed athlete who withdraws from the event for any reason, including medical reasons, within two (2) weeks prior to the Head of Team Meeting, calculated from 00:00 (Swiss time) on the date of the Head of Team Meeting (May 20– June 3, 2026), shall not be eligible to participate in the next World Taekwondo Grand Prix event, regardless of their WT Olympic Ranking.
- ii. The same penalty shall apply to any athlete who fails to appear at the competition (“no-show”).
- iii. Any athlete who withdraws after the weigh-in shall be subject to an investigation to determine whether the withdrawal was made in bad faith.
Bad faith includes, but is not limited to, cases where the athlete had a pre-existing illness or injury that made it unreasonable to expect participation at the time of weigh-in. The burden of proof shall rest with the athlete to demonstrate that the withdrawal was not made in bad faith. In the event of withdrawal, the athlete must be examined and verified by a WT-appointed Medical Doctor.
If the Investigation Panel determines that the withdrawal was made in bad faith, the athlete may be suspended for up to six (6) months. The athlete and members of the athlete’s entourage may also be subject to an additional Ethics investigation.
- iv. All pre-registered athletes shall apply for an entry visa to the host country in advance. Cancellation or withdrawal due to visa-related issues shall not be accepted as a valid reason for exemption from the above penalties, except for athletes selected as replacements after April 22, 2026. In such cases, the above penalty shall apply.

15. WEIGH-IN

- i. The general weigh-in for each weight category shall take place one (1) day before its scheduled competition day.
- ii. The random weigh-in of contestants shall take place on the morning of the competition day of their respective weight category, except for the M+80 and W+67 categories. The list of athletes selected for the random weigh-in will be announced on the World Taekwondo Website on the morning of the competition day.
- iii. The random weigh-in shall apply to six (6) contestants per weight category, with a 5% weight allowance as indicated in the table below:

Weight Category	5% allowance	Weight Category	5% allowance
M-58	Not exceeding 60.9kg	W-49	Not exceeding 51.5kg
M-68	Not exceeding 71.4kg	W-57	Not exceeding 59.9kg
M-80	Not exceeding 84.0kg	W-67	Not exceeding 70.4kg

- iv. During the weigh-in, male contestants shall wear underpants, and female contestants shall wear underpants and brassieres. Contestants may, however, choose to weigh in nude if they so wish.

16. CLASSIFICATION OF RESULTS

Medals and prize money shall be awarded to the medalists in each weight category as follows:

1st PLACE:	USD 5,000, GOLD MEDAL & CERTIFICATE
2nd PLACE:	USD 3,000, SILVER MEDAL & CERTIFICATE
3rd PLACES:	USD 1,000, BRONZE MEDAL & CERTIFICATE

WT Ranking Points shall be awarded to all participating athletes in accordance with their final standing in the competition and the applicable WT Ranking Regulations. Ranking points earned at this event shall be reflected in the WT World Ranking and the WT Olympic Ranking.

Position	Ranking Point
1 st place	60.0
2 nd place	36.0
3 rd places	21.6
5 th places	12.96
9 th places	9.07
17 th Places	6.35

17. WT-RECOGNIZED TAEKWONDO UNIFORM AND PROTECTIVE EQUIPMENT

- i. **Daedo Gen3 Protector and Scoring System (PSS) including PSS Headgear** will be used for the competition.
- ii. Participating contestants are required to wear **WT-recognized Kyorugi competition uniforms** and WT-recognized protective equipment. The latest version of the WT-recognized manufacturers' list is available on the WT website. (<https://www.worldtaekwondo.org/officialsuppliers/Recognition/contents>)
- iii. The Organizing Committee will provide Protector and Scoring System (PSS) to the participating contestants. Participating contestants are required to bring their own groin guards, mouthguard, gloves, sensing socks and shin and forearm guards for their personal use.
- iv. Before entering the field of play, all contestants will proceed to the inspection desk for inspection of their competition uniform and protective equipment. **Any contestant who wears unofficial competition uniforms or protective equipment will not be permitted to compete.**
- v. The top has to cover completely the buttocks. However, the bottom of top should be more than 15cm above the knee cap.
- vi. Instant Video Replay (IVR) System will be used.

18. SENSING GLOVES APPLICATION AND ALTERNATIVE JUDGING PROTOCOL

- i. ~~The use of sensing gloves will be introduced at the Roma 2026 World Taekwondo Grand Prix. With the implementation of sensing gloves, only one Corner Judge will officiate to determine the validity and accuracy of all technical actions and to award points. In the event that sensing gloves are unavailable for use at this event, two Corner Judges shall officiate the contests.~~

19. IDENTIFICATION OF NOC CODE AND MANUFACTURER

- i. The national flag shall be positioned between 3 cm and 3.5 cm below the shoulder line on the right sleeve.
- ii. The NOC Code shall consist of the three-letter abbreviation of the respective National Olympic Committee. It shall be printed in black, in bold "Verdana" font, on the back of the upper garment. The NOC Code shall be centered and positioned at least 5 cm above the bottom edge of the upper garment. The size of the NOC Code shall be 30 cm (width) × 12 cm (height).
- iii. Manufacturer identification (name, trademark, logo, or other distinctive sign of the manufacturer) shall be permitted as follows:
 - One (1) identification on the top of the Kyorugi competition uniform, not exceeding 30 cm², positioned between 3 cm and 3.5 cm below the shoulder line on the left sleeve;

- One (1) identification on the bottoms of the Kyorugi competition uniform, not exceeding 30 cm², positioned above the knee and centred on the right leg;
- One (1) identification on the Kyorugi belt, not exceeding 6 cm², positioned at one end of the belt.

20. SPONSOR'S IDENTIFICATION

- i. One (1) sponsor identification (logo) shall be permitted on each of the top and the bottoms of the Kyorugi competition uniform.
- ii. Each sponsor identification shall not exceed 50 cm² and shall be placed in a location other than those reserved for the WT logo, manufacturer identification, national flag, and NOC Code.

21. MEDICAL CONTROL

- i. The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.
- ii. Compulsory anti-doping tests will be carried out for selected medalists, while random tests will be conducted to the rest of the athletes. The WT and/or WADA may carry out random out-of-competition testing prior to the championships.
- iii. TUE (Therapeutic Use Exemption)
Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. If you do not have an ADAMS account yet, please contact tue@ita.sport to have it set up.

Otherwise, please download the TUE Application Form [HERE](#) and once duly completed and signed, send it together with the required medical file to tue@ita.sport with copy to antidoping@worldtaekwondo.org. by at least 30 days before the first competition day.

For more details, please see the following page of the WT website:

<https://www.worldtaekwondo.org/inside/CS/TherapeuticUseExemptions/contents>

- iv. WT Mouth guard, Taping and Bracing rules
<http://www.worldtaekwondo.org/wp-content/uploads/2019/06/WT-Mouthguard-brace-taping-and-padding-rules-5-29-2019.pdf>

22. HEAD OF TEAM MEETING AND DRAWING OF LOTS

- i. The Head of Team Meeting shall be held two (2) days prior to the start of the competition, on 3 June 2026, in the presence of WT officials and representatives of the participating nations.
- ii. At least one (1) representative from each team shall attend the Head of Team Meeting. In the absence of a team representative, the team shall designate a proxy and notify the Technical Delegate or the WT Sport & Event Management Department prior to the meeting.
- iii. The drawing of lots will take place each day following the completion of the general weigh-in. The draw will be published on the WT website within four (4) hours after the weigh-in.

23. INDEMNITIES

- i. Each respective Member National Association (MNA) shall be responsible for ensuring that all officials and participants are covered by valid travel and medical insurance for the duration of the event.
- ii. Participants without valid insurance coverage shall not be permitted to compete in the competition.
- iii. The Organizing Committee shall obtain general public liability insurance for the event.

24. ACCOMMODATION AND TRANSPORTATION

The participating teams are required to submit the hotel reservation only via the WT GMS registration system – worldtkd.simplycompete.com by no later than April 24, 2026. No other registration method will be accepted. The hotel information is available on the WT GMS platform.

Please watch video below on HOW to register your team's accommodation and flight details (for transportation) [HERE](#).

Once you (your WT GMS National Team Admin) register your team`s accommodation detail on the WT GMS you need to wait to receive an official invoice from Organizing Committee with the total amount to pay before paying the total to the bank account of OC.

25. VISA INFORMATION

The Organizing Committee can provide recommendation letters for visa applications. However, MNAs are required to check the Italy entry visa application waiting times in their own countries and submit requests for recommendation letters to the organizing committee. The Organizing Committee cannot guarantee entry into Italy and can only offer assistance. It is the responsibility of each athlete and MNA to apply for and secure the correct entry visa for Italy.

MNAs are requested to complete the attached visa application recommendation form at least one week before the waiting time deadline in their own country. Since there is no possibility to issue a Visa upon arrival in Italy, all visa requests should be addressed to visa@romagrandprix.it no later than May 1, 2026.

26. COACH'S REQUIREMENTS

All coaches are required to hold a WT Coach Certificate Level II (2). Coaches who do not hold a Level II Coach Certificate will be removed from the registration list and will not be permitted to coach at the relevant competition.

All coaches are required to wear formal suit such as tie, jacket, dress shirt (long- or short-sleeved), and trousers, and sport shoes during Semi-Finals and Finals. Caps, hats of any kind, and shorts shall not be permitted when entering the Field of Play. Any coach who fails or refuses to comply with the above dress requirements shall not be permitted to coach at the Roma 2026 WT Grand Prix and may also be ineligible to coach at the subsequent Grand Prix event.

27. TEAM DOCTOR'S MEETING

In order to receive an accreditation card, all registered team medical staff shall attend team doctor's meeting on June 3, 2026.

TIMETABLE

(Subject to Change)

Date	Time	Event	Place
May 30 -		Arrival	Hotel Barceló Roma
June 1-3	10:00-18:00	Registration	Hotel Barceló Roma
June 4-7	10:00-18:00	Registration	Foro Italico
June 2-6	09:00-18:00	Team Training	Hotel Barceló Roma
June 3	08:30-09:30	Referee Training (Theory)	Foro Italico
	09:30-11:00	Referee Training (Practice)	Foro Italico
	13:30-15:30	Referee Training (Theory)	Foro Italico
	17:00-17:30	Team Doctor's Meeting (Both Olympic and Para Taekwondo GP)	Hotel Barceló Roma
	17:30-19:00	Head of Team Meeting (Both Olympic and Para Taekwondo GP)	Hotel Barceló Roma
June 4	10:00-12:00	General weigh-in for W-57Kg, W-67Kg, M-80Kg	Hotel Barceló Roma
June 5	08:00	Random weigh-in for W-57Kg, W-67Kg, M-80Kg	Foro Italico
	09:00-13:00	Preliminary Rounds: W-57Kg, W-67Kg, M-80Kg	Foro Italico
	10:00-12:00	General weigh-in for W+67Kg, M-68Kg, M+80Kg	Foro Italico
	13:00-14:00	Lunch break	Foro Italico
	14:00-16:30	Round of 16 and Quarterfinals: W-57Kg, W-67Kg, M-80Kg	Foro Italico
	16:30-17:30	Session break	Foro Italico
	17:30-20:30	Semi-finals, Finals and Victory Ceremonies: W-57Kg, W-67Kg, M-80Kg	Foro Italico
June 6	08:00	Random weigh-in for M-68Kg	Foro Italico
	09:00-13:00	Preliminary Rounds: W+67Kg, M-68Kg, M+80Kg	Foro Italico
	10:00-12:00	General weigh-in for W-49kg, M-58kg	Foro Italico
	13:00-14:00	Lunch break	Foro Italico
	14:00-16:30	Round of 16 and Quarterfinals: W+67Kg, M-68Kg, M+80Kg	Foro Italico
	16:30-17:30	Session break	Foro Italico
	17:30-20:30	Semi-finals, Finals and Victory Ceremonies: W+67Kg, M-68Kg, M+80Kg	Foro Italico
June 7	09:00	Random weigh-in for W-49kg, M-58kg	Foro Italico
	10:00-12:30	Preliminary Rounds: W-49kg, M-58kg	Foro Italico
	12:30-13:30	Lunch break	Foro Italico
	13:30-15:30	Round of 16 and Quarterfinals: W-49kg, M-58kg	Foro Italico
	15:30-16:30	Session break	Foro Italico
	16:30-18:30	Semi-finals, Finals and Victory Ceremonies: W-49kg, M-58kg	Foro Italico
June 8	All Day	Departure	