SCHEDULE

EVENT PROGRAMME
(SUBJECT TO CHANGE)

Date	Time	Event	Place
15 Aug Saturday	All Day	Arrival/ Registration / Credential	Designated Hotels
	09:00 – 18:00	Team Training	Venue
16 Aug Sunday	All Day	Arrival/ Registration / Credential	Designated Hotels
	09:00 – 18:00	Team Training	Venue
	10:00 – 12:00	**Press Conference**	Main Hotel
	13:00 – 14:00	Lunch Break	Hotel
	14:00 – 16:00	**Head of Teams Meeting/ Draws**	Main Hotel
	16:00 – 18:00	IRs Training (Theory/Practical)	Hotel
17 Aug Monday	09:00 – 13:00	**Recognized Poomsae Competition** Individual Under 30 Male Individual Under 30 Female Individual Under 40 Male Individual Under 40 Female **Free Style Poomsae Competition** Free Style Individual 18 & Above (Male) Free Style Individual 18 & Above (Female) Free Style Pair 18 & Above (Male & Female)	Venue
	10:00 – 12:00	Weigh-in (Senior Kyorugi) Male – (-58, -74, +87) Female – (-49, -62, +73)	Venue
	13:00 – 14:00	Lunch Break	Hotel/ Venue
	14:00 – 18:00	Competition & Ceremonies	Venue
	18:00 – 20:00	**Opening Ceremony**	Venue

18 Aug Tuesday	08:00	Random Weigh-in	Venue
	09:00 – 13:00	Competition (**Senior Kyorugi**) Male – (-58, -74, +87) Female – (-49, -62, +73)	Venue
	10:00 – 12:00	Weigh-in (Senior) Male – (-63, -80) Female – (-53, -67)	Venue

	13:00 – 14:00	Lunch Break	Hotel/ Venue
	14:00 –18:00	Competition & Ceremonies	Venue
19 Aug Wednesday	08:00	Random Weigh-in	Venue
	09:00 – 13:00	Competition (**Senior Kyorugi**) Male – (-63, -80) Female – (-53, -67)	Venue
	10:00 – 12:00	Weigh-in (Senior) Male – (-54, -68, -87) Female – (-46, -57, -73)	Venue
	13:00 – 14:00	Lunch Break	Hotel/ Venue
	14:00 –18:00	Competition & Ceremonies	Venue
20 Aug Thursday	08:00	Random Weigh-in	Venue
	09:00 – 12:00	Competition (**Senior Kyorugi**) Male – (-54, -68, -87) Female – (-46, -57, -73)	Venue
	09:00-18:00	Classification K40 Sport Class	Venue
	10:00 – 12:00	Weigh-in (Para-Kyorugi) All Weights	Venue
	12:00 – 14:00	Lunch Break	Hotel/ Venue
	14:00 –18:00	Competition & Ceremonies	Venue
	TBD	Head of Team Meeting for Para	Venue
21 Aug Friday	08:00	Random Weigh-in	Venue
	09:00 – 13:00	Competition (**Para-Kyorugi**) All Weights	Venue
	13:00 – 14:00	Lunch Break	Hotel/ Venue
	14:00 – 18:00	Competition & **Closing Ceremony**	Venue
	19:00	**Dinner**	Hotel
22 Aug Saturday	All Day	Team Departures	