

**21 JUN, 2026**  
**GOLD COAST**  
**AUSTRALIA**

**G4**



**POOMSAE**

**PARA**  
**POOMSAE**

**PARA**  
**KYORUGI**



**EXPERIENCE GOLDCOAST.™**

# 1. WELCOME

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Dear International Taekwondo Family and Friends,

It is with great pride and honour that we invite you and your team to participate in a landmark series of events in 2026, including the Oceania Taekwondo Championships Poomsae & Para (G4), alongside the President's Cup, Oceania (G3) and the Australian Open Taekwondo Championships (G2), to be held on the Gold Coast, Queensland, Australia.

These championships will showcase competition across Kyorugi, Para Kyorugi, as well as multiple Poomsae and Para Poomsae divisions, bringing together athletes, coaches, referees, and officials from across Australia and the international taekwondo community for an outstanding multi-day event of competition and collaboration.

Over the years, Oceania has established itself as a trusted destination for international taekwondo, recognised for its professionalism, strong governance, and commitment to excellence. These events provide an important platform for athletes and teams to strengthen international engagement and prepare for upcoming continental and global competitions.

We encourage you to mark these significant events in your calendar and take advantage of the opportunity to compete at this esteemed series of championships. Our Organising Committee has been working diligently to deliver events of the highest calibre, and we are committed to making the 2026 edition the most successful to date.

We also wish to express our appreciation to our partners, stakeholders, and all those whose support and collaboration have contributed to the successful planning and delivery of these events.

Should you require any further information or assistance, please do not hesitate to contact our team.

Yours sincerely,



Mr Jean Kfoury  
President  
Australian Taekwondo



Mr Maher Magableh  
President  
Oceania Taekwondo Union

## Sponsors & Partners

We thank & acknowledge the sponsors & partners who are supporting this event.



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## 2. ORGANISATION

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PROMOTOR:	Oceania Taekwondo Union
ORGANISATION:	Australian Taekwondo
PRESIDENT:	Mr. Maher Magableh
CHIEF EXECUTIVE OFFICER:	Mr. Josh O'Brien
ADMINISTRATION:	Mr Nic Kaiser
EVENT MANAGEMENT:	
	W. <a href="http://www.austkd.com.au">www.austkd.com.au</a>

## 3. LOCATION

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LOCATION:	Gold Coast Sports Precinct, 296 Nerang Broadbeach Rd, Carrara 4211 Queensland Australia
DATE:	21st June 2026

## 4. ATHLETE ELIGIBILITY

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Open for National Teams with max.2 athletes per medal event per national team from Oceania countries.

**Medalists from all divisions of the Oceania nations at the President's Cup 2026 are eligible to participate.**

**Participants must be members of their National Federation, affiliated to the WT.** Each participant must be a holder of a Global Athlete Licence (GAL). GAL applications and renewals can only be made through the respective WT MNA and via the Simply Compete GMS. **Applications must be made 2 months prior to these events to ensure the licence can be approved in time.**

Age Requirements:

RECOGNISED INDIVIDUAL	RECOGNISED PAIRS/TEAMS	FREESTYLE
Cadet - Born in 2012-2014 Junior - Born in 2009-2011 U30 - Born 1996-2008 U40 - Born 1986-1995 U50 - Born 1976-1985 U60 - Born 1966-1975 U65 - Born 1961-1965 O65 - Born 1960 and earlier	Cadet - Born in 2012-2014 Junior - Born in 2009-2011 U30 - Born 1996-2008 U50 - Born 1976-1995 U60 - Born 1966-1975 O60 - 1965 and earlier	U17 - Born 2009-2014 O17 - Born 2008 or earlier

## 5. COACH ELIGIBILITY

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- Coaching is not allowed while wearing a Dobok. Sport/Casual Blazer to be worn in the Semi-Finals and Finals
- Coaches must wear closed-in shoes - sandals, crocs or slides will not be permitted
- All coaches must be 18 years or older.
- Coaches must hold a valid WT Poomsae Coach License Level 1
- Holder of a valid WT Global Official License.
- Member of the team/club of a pertinent Member National Association, recognised by the Oceania Taekwondo Union or World Taekwondo.
- WT Para Coach Certificate Level 1 is required for all para divisions.

## 6. RULES

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OVR SYSTEM: Martial Events / Taekwondo Management System

EVENT RULES: The latest published World Taekwondo Poomsae Competition Rules & Interpretation shall be applied.

The WT Technical Delegate has the authority to adjust the contest time as they see fit

ANTI-DOPING: Athletes may be randomly selected to be tested.

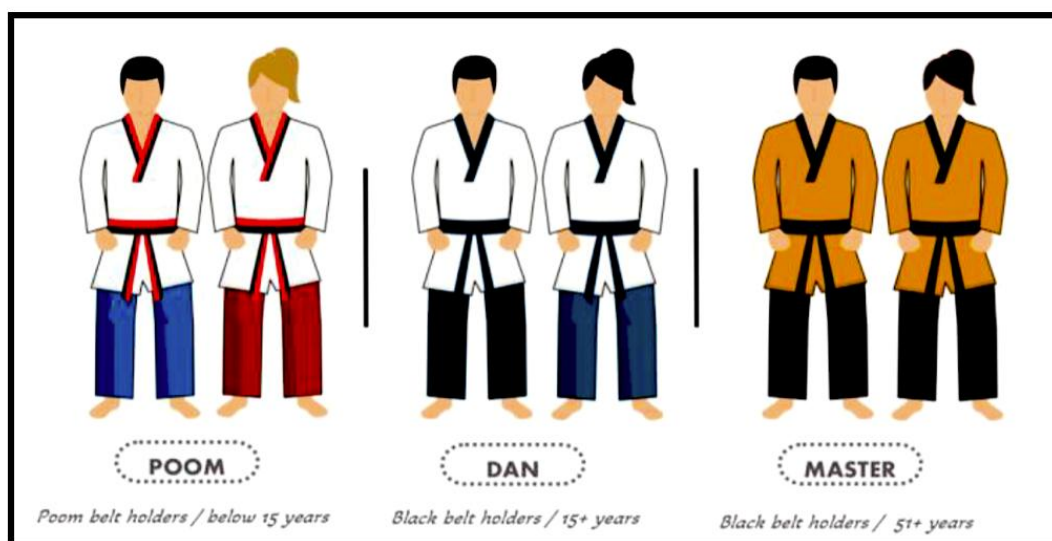
FIELD OF PLAY: Athletes & Coaches ONLY in the Warm-Up Area & field of play.

DOBOK: Contestants must wear the WT-recognised Poomsae Competition uniform. Any contestants who do not wear WT-approved Poomsae competition uniform will not be permitted to compete.

- WT-recognized manufactures' list is available via the WT website

<http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>

WT approved Poomsae and Para Poomsae competition uniforms:



**FREESTYLE POOMSAE MUSIC:** Music must be submitted on a USB stick at the start of that specific Championship day. Music must not contain lyrics or any political, social, or religious content that may harm, discriminate or offend others.

**PROTEST:** Protest: Only the Coaches/Head of Team will be permitted to lodge official protest via to the CSB within 10 minutes after the end of pertinent contest, along with a fee of USD\$200 will apply to each protest and will not be refunded in any situation.

**IDENTIFICATION:** All international competitors and visitors need to hold a valid passport with an expiry date no less than 6 months after the event. All other competitors and or visitors must hold either a passport as above or a valid national identification card.

**LIABILITY:** All competitors, officials and visitors participate at their own risk. The MNA, Australian Taekwondo, bears no responsibility for any damages, losses, injuries, or other circumstances due to (directly or indirectly) acts of terrorism, COVID-19, or other misfortune. All participants must be covered by their own medical insurance and/or travel insurance.

Those who are not recognized as adults (under aged) by law in their own country must supply a written consent together with valid identification, signed by their parents or legal guardians.

## 7. ENTRY FEES

### EARLY BIRD REGISTRATION

**Early Bird Registration closes on 18th May at 11:59 PM Sydney time (GMT+10)**

	Athlete	Coach
Early Bird Registration (Enter before 1 May 2026)	USD \$150.00	USD \$10.00
Extra Poomsae Event	USD \$70.00	

### REGULAR REGISTRATION

**Regular Registration Closes 8th June 2026, at 11:59 PM Sydney Time (GMT+10)**

	Athlete	Coach
Regular Registration (Enter After June 15th, 2025)	USD \$175.00	USD \$20.00
Extra Poomsae Event	USD \$85.00	

ALL ENTRY FEES MUST BE PAID UPON REGISTRATION THROUGH  
THE WT GMS PAYMENT SYSTEM

**VISA APPLICATION:** Any person requiring a VISA letter must submit their request in writing by email to:

Mr Nic Kaiser

[nic.kaiser@austkd.com.au](mailto:nic.kaiser@austkd.com.au)

ONLINE REGISTRATION: All Entries Must Be Submitted Online Via the WT GMS

[www.worldtkd.simplycompete.com/events](http://www.worldtkd.simplycompete.com/events)

DATES: Dates for all Early Bird and Regular Registrations, are listed on the WT GMS Simply Compete website.

ACCREDITATIONS: Loss of Accreditations Will Incur a Reprinting Charge Of USD \$20

DIVISION CHANGES: Changes To Any Division After the Official Closing Date Will Incur a Fee Of USD\$50.

### IMPORTANT NOTICE

Athletes who have registered via [www.worldtkd.simplycomete.com/events](http://www.worldtkd.simplycomete.com/events) and do not show up for the event, and/or have **not** been removed from the event list before the deadline, will pay the complete registration fee IN FULL.

ENTRY FEES ARE NOT REFUNDABLE AT ANY TIME AFTER THE  
REGISTRATION DEADLINE

**PAYMENT: Payment must be completed and paid online by PayPal or Credit/Debit Card either at the same time as registration or within 3 days after.**

**There will be NO ONSITE REGISTRATIONS permitted.**

\*If, for some reason, you cannot pay for your individual/team entry online by PayPal or Credit/Debit Card, please contact Australian Taekwondo ASAP

**Note:** an additional fee of USD\$25 per registration will be charged for any offline payments.

## 8. EVENTS

### RECOGNISED POOMSAE

Male Divisions (individual)	Female Divisions (individual)	Pairs (1 male & 1 female)	Teams (3 athletes of same gender)
Cadet Junior U30 U40 U50 U60 U65 065	Cadet Junior U30 U40 U50 U60 U65 065	Cadet Junior U30 U50 U60 060	Cadet Male Team Cadet Female Team Junior Male Team Junior Female Team U30 Male Team U30 Female Team U50 Male Team U50 Female Team U60 Male Team U60 Female Team O60 Male Team O60 Female Team

- Single elimination tournament system. 2 Poomsae will be performed for all rounds
- All Contestants shall perform two (2) assigned compulsory Poomsae in the preliminary and semi-final rounds and two (2) assigned compulsory Poomsae in the final round. All contestants will compete in the preliminary round. The highest 50% scores from the preliminary round will advance to the semi-finals. At the end of the semi-final round the highest eight (8) scoring contestants will advance to the final round. The highest score in four (4) contestants will be awarded medals (1st, 2nd, 3rd, 3rd) based on scores
- Divisions with fewer than 20 contestants will start with the semi-final round
- Divisions with fewer than 9 contestants will start with the final round
- Designated Poomsae shall be randomly selected and shown through monitor on Field of Play before the match begins.
- Individual Categories: Contestants shall perform two (2) randomly selected Poomsae. Both Chung and Hong players perform their assigned Poomsae simultaneously (side by side).
- Pair and Team Categories: Contestants shall perform 2 randomly selected Poomsae.
- Chung and Hong players perform designated Poomsae one by one (not side by side).
- Before each match starts, two (2) designated Compulsory Poomsae will be displayed on the monitor at the Field of Play. All divisions must perform these for the preliminary, semi-final, and final rounds in all competitions.

### FREESTYLE POOMSAE

Male (individual)	Female (individual)	Pair (1 male & 1 female)	Team (5 +1 substitute max)
U17	U17	U17	U17 Team (mixed)
O17	O17	O17	O17 Team (mixed)

- Poomsae Freestyle: Cut-off system for all Freestyle categories (Single Final Round)
- Music freestyle: Athletes must bring their music (sound without lyrics/words) in MP3 format on a USB stick. Apple audio format is not allowed. The music and choreography shall be the choice of the contestant. It should not contain any political, social and religious or any content that may harm, discriminate or offend others.
- Music must be submitted on a USB stick at the start of that specific Championship day with the following details:
  - **Name of the country**
  - **Name of the category**
  - **Name of the athlete/s**
- The OC may change this due to organisational matters. Scoring shall be made in accordance with the rules of World Taekwondo.

#### Mixed Team Divisions – Board Breaking.

- Minimum number of boards breaking during a Performance: 5 boards.
- If the required minimum number of board breaking is not successfully performed, 0.1 points are deducted for each unsuccessful board breaking.
- Board Breaking: The PINE BOARD has the following measurements:
  - Length: 300mm
  - Width: 220mm
  - Thickness: 9mm (ca. 1/4 inch)

Notice: The required number of boards that fit the given dimensions must be brought by the mixed teams (participants) on their own.

- Board holding sticks prepared by teams are allowed for only the acrobatic board breaking technique.
- The required boards are placed inside the court (within the boundary line); Otherwise, 0.3 points will be deducted for each crossing of the boundary line to get the board.

## PARA POOMSAE EVENTS

SPORT CLASSES		
	Men	Women
P21 (II1), P22 (II2), P23* (II3)	Senior I (18-30 yrs) Senior II (31yrs and older)	Senior I (18-30 yrs) Senior II (31yrs and older)
P31, P32, P33, P34, P35*	Senior I (18-30 yrs) Senior II (31yrs and older)	Senior I (18-30 yrs) Senior II (31yrs and older)

P51, P52, P53	Senior I (18-30 yrs) Senior II (31yrs and older)	Senior I (18-30 yrs) Senior II (31yrs and older)
P72	Senior I (18-30 yrs) Senior II (31yrs and older)	Senior I (18-30 yrs) Senior II (31yrs and older)

- Single elimination tournament system.
- The latest updated World Para Taekwondo Poomsae Competition Rules (September 30, 2024) will be implemented for the competition in the Poomsae Sport Classes.
- Article 9.1 will be used for competition for P20 Sport Classes, there is a free choice to athletes to choose any recognised Poomsae and other Sport Classes can choose (1) one Poomsae from Group 1 and (1) one Poomsae from Group 2 for each round.

**Additional information:**

MEDICAL DIAGNOSTIC FORM (MDF) for P20, P30, P50 & P70

Depending on the athletes' health condition and impairment. Please consult the WT Classification rules for a list of eligible impairments and underlying health conditions for Poomsae.

## Designated Poomsae

Competition	Division	Compulsory Poomsae
Individual	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgan, Taebaek
	Junior Division	Taegeuk 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon
	U30	Taegeuk 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae
	U40	Taegeuk 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae
	U50	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
	U60	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	U65	
	O65	
Competition	Division	Compulsory Poomsae
Pair and Team	Cadet Division	Taegeuk 4, 5, 6, 7, 8 Jang, Koryo, Keumgan, Taebaek
	Junior Division	Taegeuk 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon
	U30	Taegeuk 7, 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae
	U50	Taegeuk 8 Jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
	U60	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	O60	

## 9. SEEDING

World Taekwondo Poomsae World Ranking Bylaw will be applied

Seeding will be done for Recognized Under 30, Recognized Under 40, and Over 17 Freestyle divisions

All other poomsae divisions will not be seeded

## 10. TECHNICAL MEETING

The Technical Meeting will be held one (1) day prior to the start of the Championships

Poomsae Draws/Brackets will be completed at the Heat of Team meeting and posted on the event website and AT social media accounts.

## 12. TRANSPORT & ACCOMMODATION

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Round trip airfare of each participant and/or official shall be borne by each individual. Due to the large number of participants expected, the Organising Committee **WILL NOT BE** providing any ground transport to/from the airport or to/from the competition venue.

Accommodation charges for room and board of athletes and official teams shall be borne by each individual or team. The Organising Committee bears no financial responsibility.

Teams/athletes should not book flights for competition days. No allowances will be made for athletes to flight early if they have booked a flight on flight day. Athletes will need to withdraw if they need to leave a competition day early, and **No Refund** will be provided.

For information on suggested hotels, please see the back of this outline. The Organising Committee does not guarantee any advertised fees or charges by any hotels.

## 13. COMMUNICATION

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All official documents, including the entry pack, drawsheet and results will be published on the Event website. Any information published in any other location cannot be guaranteed as official.

Official documents will not be emailed directly to Coaches, but coaches will receive a direct email from AT when the documents are available on the website. This is to limit issues around email delivery with attachments, incorrect email addresses, and other issues.

During the competition, AT will use the event WhatsApp channel to communicate live updates such as court changes, changes to the schedule and other 'live' information. These updates will also be shared on AT social channels where appropriate.

These updates will not be shared on the AT website due to the number and frequency of updates.

## 14. MISCELLANEOUS

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**BROADCAST & MEDIA:** Due to sponsorship and media restrictions, **filming and broadcasting within the competition and warm up areas is strictly prohibited.**

Social media for commercial use is strictly prohibited without a press pass.

Content collected by participants and their families is permitted for personal use only.

**Spectators are not permitted in the competition and warm up areas and must remain within the designated spectator areas.**

**PRESS PASS:** Media Accreditation (**Press Pass**) is for representatives of official media outlets and MNAs, including journalists and photographers.

- Any MNA wishing to obtain a **Press Pass** must apply.
- Media outlets must apply for a **Press Pass** if they wish to cover the event.

[\*\*CLICK HERE TO APPLY FOR PRESS ACCREDITATION.\*\*](#)

COMMERCIAL BUSINESS: The conduct of commercial business is strictly prohibited within the arena with approval of the Organising Committee. The Organizing Committee reserves the right to remove any violators from the venue.

**PROMOTIONAL:** All participants inside the venue agree to be filmed and/or photographed at any time, all such footage can/will be used for promotional purposes on all our social media channels. The reuse of this footage without the event logos is strictly prohibited.

## 15. COMPETITION SCHEDULE

[This Schedule Is Subject To Change Without Any Notice.](#)

PLEASE NOTE ALL TIMES ARE BASED ON TIME ZONE (GMT +10)

TIME	EVENT	AREA
<b>Wednesday 17th June 2026</b>		
8:00AM-6:00PM	Accreditation Collection	Gold Coast Sports & Leisure Centre (Surfers Paradise Room)
9:00AM-6:00PM	Para Athlete Classification	Southport Church of Christ - Address: 1 Griffith Way, Southport QLD 4215
<b>Thursday 18th June 2026</b>		
8:00AM - 6:00PM	Accreditation Collection	Gold Coast Sports & Leisure Centre (Tallebudgera Room)
4:00PM - 5:00PM	Head Of Teams Meeting – Poomsae	Gold Coast Sports & Leisure Centre (Tallebudgera room)
5:00PM - 6:00PM	Poomsae Referee – Meeting	Gold Coast Sports & Leisure Centre (Tallebudgera room)
<b>Sunday 21st June 2026</b>		
7:00AM	Publication of Random Weigh-In list	Australian Taekwondo Digital & Social Media Channels
8:00AM SHARP	Random Weigh-In Oceania Championships (G4) Para Kyorugi	Gold Coast Sports & Leisure Centre (Female – Changeroom 3&4, Male - Hinterland Room)
9:00AM	Competition Starts Australian Open (G2) Junior Kyorugi Cadet Kyorugi	Gold Coast Sports & Leisure Centre, Hall 1B
1:00PM- 2:00PM	Lunch	Gold Coast Sports & Leisure Centre
2:00PM	Competition restarts Australian Open (G2) Junior Kyougi Cadet Kyorugi	Gold Coast Sports & Leisure Centre, Hall 1A & 1B
2:00PM	Competition Starts, Oceania Championships (G4) Para Poomsae	Gold Coast Sports & Leisure Centre, Hall 1A & 1B

	Poomsae Para Kyorugi	
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## 19. HOTEL RECOMMENDATIONS

HOTEL FOR OFFICIALS & REFEREES	
Woodroffe Southport hotel	<a href="#">CLICK HERE TO VIEW</a>

RECOMMENDED HOTELS FOR ATHLETES & TEAMS	
Mercure Gold Coast Resort	<a href="#">CLICK HERE TO VIEW</a>
IHG Hotels	<a href="#">CLICK HERE TO VIEW</a>
Quest Apartments Robina	<a href="#">CLICK HERE TO VIEW</a>
NRMA Hotels & Resorts - Gold Coast	<a href="#">CLICK HERE TO VIEW</a>

## 20. THINGS TO SEE & DO



**Queensland is the ultimate holiday destination and a must for any visitor to Australia.**

The Sunshine State is known for its golden beaches, tropical islands, tranquil rainforests, vibrant cities, and the true Australian outback. The region offers an abundance of diverse experiences no matter what your interest. Whether relaxing on the beach, exploring hidden rainforests or snorkelling on the Great Barrier Reef, your time in Queensland will be unforgettable.

EXPERIENCE QUEENSLAND	
Visit Dreamworld	<a href="#">CLICK HERE TO VIEW</a>
Visit The Gold Coast (Host Region)	<a href="#">CLICK HERE TO VEIW</a>
Visit Brisbane	<a href="#">CLICK HERE TO VIEW</a>
Visit The Sunshine Coast	<a href="#">CLICK HERE TO VIEW</a>

## 21. CONNECT WITH AUSTKD

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Digital & Social Media	
Australian Taekwondo Website	<a href="http://WWW.AUSTKD.COM.AU">WWW.AUSTKD.COM.AU</a>
Facebook	<a href="#">FOLLOW HERE</a>
Instagram	<a href="#">FOLLOW HERE</a>
YouTube (Livestream)	<a href="#">FOLLOW HERE</a>
TikTok	<a href="#">FOLLOW HERE</a>
LinkedIn	<a href="#">FOLLOW HERE</a>