



**8th WT President's Cup Asia Region 2026**

18 to 20 August 2026

Lahore, Pakistan



# Program (Kyorugi)

**8th WT President's Cup Asia Region 2026**



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18 to 20 August 2026  
Lahore, Pakistan



Pakistan Taekwondo would like to welcome you to the

## 8th WT President's Cup Asia Region 2026

### Senior Kyorugi

18 to 20 Aug 2026  
Lahore, Pakistan

#### SANCTIONED BY



#### PROMOTED BY



#### HOSTED BY



## Pakistan Taekwondo Federation

F Block, Gulberg Green,  
Islamabad, Pakistan  
Tell: +92 51 5791631  
Cell: +92 321 5200884  
ptf\_wasim@yahoo.com  
www.pakistantaekwondo.com



## 8th WT President's Cup Asia Region 2026

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To: Presidents and Secretaries General,  
World Taekwondo Member National Associations

With immense pleasure and honor, I like to invite you and your team to:-

### 8th WT President's Cup Asia Region 2026

This is the WT G3 event duly promoted by Asian Taekwondo Union and sanctioned by WT. This is the 5th International Taekwondo event which is going to be held in Pakistan from **17 to 21 Aug 2026**.

Pakistan Taekwondo is a proud member of the Asia & World Taekwondo Community. The PTF management team is committed to making this event a successful one by adhering to the highest standards of preparation in order to create an ideal atmosphere for all participating teams.

We are looking forward to welcoming you to Islamabad, Pakistan.

Best Regards,

**Lt Col Wasim Ahmed (Retd)**  
Chairman  
Pakistan Taekwondo Federation



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# OUTLINE

## 8th WT President's Cup Asia Region 2026 (Kyorugi)

<b>1. PROMOTER:</b>	<b>ASIAN TAEKWONDO UNION (ATU)</b>
<b>ADDRESS:</b>	1E-3 Tancheon Main Stadium 215, Tancheon-ro, Bundang-gu, Seongnam-si, Gyeonggi-do, Republic of Korea
<b>TELEPHONE:</b>	+82 31 708 9994
<b>FAX:</b>	+82 31 709 9994
<b>E-MAIL:</b>	admin@asiantu.org
<b>WEB-SITE:</b>	www.asiantaekwondo.org
<b>2. ORGANIZING MNA:</b>	<b>Pakistan Taekwondo Federation</b>
<b>ADDRESS:</b>	Plot: 8 & 9, Street No:8, F Block, Gulberg Green Residentia, Islamabad, Pakistan
<b>TELEPHONE:</b>	Tell: +92 51 5915213   Cell: +92 321 5200884
<b>WEB-SITE:</b>	www.pakistantaekwondo.com
<b>3. ORGANIZING COMMITTEE:</b>	
<b>ADDRESS:</b>	Plot: 8 & 9, Street No:8, F Block, Gulberg Green Residentia, Islamabad, Pakistan
<b>TELEPHONE:</b>	Tell: +92 51 5791631   Cell: +92 321 5200884
<b>E-MAIL:</b>	ptf_wasim@yahoo.com
<b>WEB-SITE:</b>	www.pakistantaekwondo.com
<b>4. VENUE:</b>	<b>Multipurpose Indoor Arena Jinnah Sports Complex Lahore Cantt</b>
<b>5. COMPETITION DATE:</b>	<b>18 to 20 Aug 2026</b>
<b>6. QUALIFICATIONS</b>	
	In accordance with <i>Article 4: Qualification of Contestant</i> of the WT Competition Rules, the contestant must be:
<b>CRITERION #1:</b>	Holder of the Kukkiwon Poom or Dan Certificate (*A copy of the Dan certificate should be uploaded to GMS prior to registration for event. In case a contestant has applied for a Kukkiwon Dan certificate but has not received it yet, a copy of the Dan application form and the remittance certificate sent to the Kukkiwon must be uploaded to GMS prior to registration for event. Please refer to the Kukkiwon Web site ( <a href="http://www.kukkiwon.or.kr">www.kukkiwon.or.kr</a> ) for more information.)
<b>CRITERION #2:</b>	An athlete must be 17 years old or older in the year of the 8th WT President's Cup Asia Region 2026. Athletes (Seniors) who were born in the year of 2009 or before are eligible for participation in the competition.
<b>CRITERION #3:</b>	Holder of the WT Global Athlete License (GAL) * Any questions on the WT GAL please contact your assigned WT GMS Manager



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### 7. COMPETITION RULES

The latest published WT Competition Rules & Interpretation shall be applied.

### 8. METHOD OF COMPETITION

- i. Single elimination system
- ii. Grade: G3
- iii. Seeding and drawing of lots: For every weight category, regardless of number of athletes all the athletes will be seeded based on WT World Ranking of July 2026 (Published in August 2026).
- iv. Number of Courts: 3

### 9. CONTEST TIME

Best of 3 system [2 minutes x 2 (3) rounds with 1 minute break]

### 10. WEIGHT CATEGORIES

#### Senior Categories

Men's división		Women's division	
Under 54kg	Not exceeding 54kg	Under 46kg	Not exceeding 46 kg
Under 58kg	Over 54 kg & not exceeding 58 kg	Under 49kg	Over 46 kg & not exceeding 49 kg
Under 63kg	Over 58 kg & not exceeding 63 kg	Under 53kg	Over 49 kg & not exceeding 53 kg
Under 68kg	Over 63 kg & not exceeding 68 kg	Under 57kg	Over 53 kg & not exceeding 57 kg
Under 74kg	Over 68 kg & not exceeding 74 kg	Under 62kg	Over 57 kg & not exceeding 62 kg
Under 80kg	Over 74 kg & not exceeding 80 kg	Under 67kg	Over 62 kg & not exceeding 67 kg
Under 87kg	Over 80 kg & not exceeding 87 kg	Under 73kg	Over 67 kg & not exceeding 73 kg
Over 87kg	Over 87 kg	Over 73kg	Over 73 kg

### 11. WT GLOBAL LICENCE & ONLINE REGISTRATION

- i. WT Global License Registration  
All Athletes and Team officials must FIRST be registered with a WT Global Athlete License (GAL) or Global Official License (GOL).
- ii. WT Online Registration  
Participating Team Entry will only be accepted through the WT online registration system and registration is only possible with a valid WT Global License. Participating Team GMS admins will be notified via email once online registration is open.

### 12. ENTRY FEES: USD US\$ 100 per athlete

- i. The OC shall collect the entry fees from the participating teams. The participating team shall pay an entry fee to the Organizing Committee via Bank or with cash in US\$ at the accreditation center(s) in the Main Hotel and/or at the Venue, prior to the Head of Team meeting. Athletes shall not be allowed to compete without successful payment of entry fee to the Organizing Committee.

ii.

**Pakistan Taekwondo Federation (Banking Information):-**

Bank Name	Faysal Bank (Pakistan)
Account Number	0337000911853006
Swift Code	FAYSPKKA
IBAN	<b>PK52FAYS0337000911853006</b>
Holder of Account	Pakistan Taekwondo Federation
Bank Address	Civil Lines Branch, Rawalpindi, Pakistan

REGULAR ENTRY FEE period will end on 09 August 2026.

**\*\* At the close of regular registration of 09 August 2026, if the Organizing Committee and the ATU decide to implement an extension of the Registration Period, this will be advertised by an official communication and then the following late registration dates and fees will apply \*\***

LATE REGISTRATION FEES: In case that a late registration period is required the national teams completing their registration during this period will be charged this fee.

- **US\$ 150** per athlete
- Late registration fee period would begin on 10 August 2026.
- Late registration period will end (if implemented) on **14 August** 2026.

**LATE REGISTRATION PERIOD ONLY APPLIES IF THE ATU AND OC DECIDE TO IMPLEMENT THIS AND IF SO, THIS WILL BE INFORMED BY THE ATU OR OC IN AN OFFICIAL COMMUNICATION.**

**13. ENTRY DEADLINES & IMPORTANT DATES**

- Entry deadline is 09 August 2026.** Entry submissions after this date/time will not be accepted under any circumstances.
- Late replacement due to injury shall be handled case by case.
- The registered athletes or team officials may be **replaced without penalty until 09 August 2026.**
- Entry fee of 50% per athlete will not be charged in case of **cancellation** of participation till 09 August 2026.
- Entry fee must be paid in full in case of the **notice of cancellation** of participating athletes after 09 August 2026\_or no-show.

**14. CLASSIFICATION OF RESULTS**

- Individual Awards  
Medals will be awarded to the top four athletes in the respective weight category of the pertinent championships:

<b>1<sup>st</sup> PLACE:</b>	GOLD MEDAL & CERTIFICATE
<b>2<sup>nd</sup> PLACE:</b>	SILVER MEDAL & CERTIFICATE
<b>3<sup>rd</sup> PLACE:</b>	BRONZE MEDAL & CERTIFICATE
<b>3<sup>rd</sup> PLACE:</b>	BRONZE MEDAL & CERTIFICATE

(Article 6.4 of WT Competition Rules & Interpretation (June 1, 2026))

All international-level competitions recognized by the WT shall be formed with participation of at least four (4) countries in tournament with no less than four (4) contestants competed in each weight category, and any tournament with less than four (4) countries or weight category with less than 4 competed contestants cannot be recognized in the official results.



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1. Best Athletes  
- Male 1 / Female 1

2. Good Fighting Spirit  
- 2 regardless of gender

3. Best Referees  
- 2 regardless of gender

\*\* Certificate of Participation  
- It will be given to all participants who participate in this event including the athletes, referees and coaches.

\*\* Dress Code for medalists  
- All medalists should be dressed as follows during the awards ceremony.  
-> Dobok or Training suits  
-> Sneakers or Taekwondo shoes

### 15. TEAM ENTRIES PER COUNTRY

POSITION	MAX. NO. OF MEMBERS	
	MALE	FEMALE
HEAD OF TEAM:		1
MANAGER:	1	1
COACH:	3	3
TRAINER:	2	2
TEAM MEDICAL	3	3
STAFF:		
MNA Guest:		3

In case of exceeding this number, **US\$100** will be charged per person before issuance of the accreditation card. **US100** will be charged per team official registered onsite and per change made to the registered team.

**Any WT Global Licence registration completed onsite will be charged a \$50 extra onsite processing fee for each WT Global Licence.**

### 16. TECHNICAL DELEGATE AND COMPETITION SUPERVISORY BOARD

The WT will appoint one (1) Technical Delegate and ATU will appoint four (4) members of the Competition Supervisory Board. The following conditions shall apply:

- i. The Organizing Committee shall pay the expenses of room and board for the duration of the competition at least three (3) days before and one (1) day after the tournament.
- ii. The Organizing Committee shall pay a per diem of US\$200 to the Technical Delegate and US\$150 to the members of the Competition Supervisory Board for competition period.

### 17. WT-RECOGNIZED TAEKWONDO COMPETITION UNIFORM AND PROTECTIVE EQUIPMENT

- i. **KPNP K2 Protector and Scoring System (PSS) including PSS Headgear** will be used for the Championships.
- ii. Participating contestants are required to wear WT-recognized competition uniform and WT-recognized protective equipment. The latest version of WT recognized

- manufacturers' list is available at the website of WT  
<http://www.worldtaekwondo.org/wtpartners-wt/recognize.html>
- iii. The Organizing Committee will provide Protector and Scoring System (PSS) to the participating contestants. Participating contestants are required to bring their own groin guards, mouthpieces, gloves, sensing socks and shin and forearm guards for their personal use.
  - iv. Before entering the field of play, all contestants will proceed to the inspection desk for inspection of their competition uniforms and protective equipment. **Any contestant who wears unofficial competition uniforms or protective equipment will not be permitted to compete.**
  - v. The top has to cover completely the buttocks. However, the bottom of top should be more than 15cm above the knee cap.
  - vi. Instant Video Replay (IVR) System will be used.

#### 18. SPONSOR'S IDENTIFICATION

- i. ONE sponsor's identification (logo) is allowed to each of competition uniform's top and bottoms.
- ii. The sponsor's identification shall be located within 50cm<sup>2</sup> except the location of WT logo, manufacturer's identification, national flag, and NOC code.

#### 19. MEDICAL CONTROL

- i. The WT Anti-Doping Rules, and where necessary the Code of the World Anti-Doping Agency, shall apply throughout the competitions.
- ii. Compulsory anti-doping tests will be carried out for selected medalists, while random tests will be conducted to the rest of the athletes. The WT and/or WADA may carry out random out of competition testing prior to the championships.
- iii. TUE (Therapeutic Use Exemption)  
Athletes who take any substance or medicine listed in the "Prohibited List" of the WT Anti-Doping Rules and Anti-Doping Code of World Anti-Doping Agency (WADA) for therapeutic purposes are requested to submit TUE applications via ADAMS, together with the required medical information. If you do not have an ADAMS account yet, please contact [tue@ita.sport](mailto:tue@ita.sport) to have it set up.  
Otherwise, please download the TUE Application Form [HERE](#) and once duly completed and signed, send it together with the required medical file to [tue@ita.sport](mailto:tue@ita.sport) with copy to [antidoping@worldtaekwondo.org](mailto:antidoping@worldtaekwondo.org) by at least 30 days before the first competition day. For more details, please see the following page of the WT website: [http://www.worldtaekwondo.org/anti\\_doping-wt/therapeutic.html](http://www.worldtaekwondo.org/anti_doping-wt/therapeutic.html)
- iv. WT Mouth guard, Taping and Bracing rules  
<http://www.worldtaekwondo.org/wp-content/uploads/2019/06/WT-Mouthguard-brace-taping-and-padding-rules-5-29-2019.pdf>

#### 20. HEAD OF TEAM MEETING & DRAWING OF LOTS

- i. The head of team meeting shall be conducted as given in the schedule, in the presence of the ATU officials and the representatives of the participating nations.
- ii. At least one representative from each team must attend the head of team meeting. In case no representative can attend the meeting, the team must designate a proxy and inform the technical delegate or ATU before the meeting.
- iii. Drawing of lots will take place each day following the completion of General Weigh-in. The draw will be published on the official ATU/OC website.
- iv. Every participating team is required to bring along the following items for use at the Opening and/or Closing, and Awarding ceremonies:
  - + Two (2) IOC-recognized national flags, Size: 90cm x 130cm
  - + USB or (CD/DVD) of the pertinent IOC-recognized national anthem

**Additional Notes:**

- Participating teams are responsible for confirming their entries before the head of team meeting.
- A certain number of contestants shall be seeded based on the WT Ranking, and it will be announced at the head of the team meeting.

**21. WEIGH-IN**

- i. General weigh-in of the contestants shall take place on the day before their respective weight category.
- ii. Random weigh-in of the contestants shall take place in the morning on the competition day of their respective weight category except M+87 & W+73.
- iii. Random weigh-in shall apply to following number of athletes with 5% allowance as below tables.

Number of contestants in weight category	Number (%) of random weigh-in contestants
More than 32	20%
17-32	6
9-16	4
4-8	2
Below 4	0

Senior Categories			
Men Division		Women Division	
Weight Category	5% allowance	Weight Category	5% allowance
M-54	Not exceeding 56.7kg	W-46	Not exceeding 48.3kg
M-58	Not exceeding 60.9kg	W-49	Not exceeding 51.5kg
M-63	Not exceeding 66.2kg	W-53	Not exceeding 55.7kg
M-68	Not exceeding 71.4kg	W-57	Not exceeding 59.9kg
M-74	Not exceeding 77.7kg	W-62	Not exceeding 65.1kg
M-80	Not exceeding 84.0kg	W-67	Not exceeding 70.4kg
M-87	Not exceeding 91.4kg	W-73	Not exceeding 76.7kg

- iv. During the weigh-in, male contestants shall wear underpants and female contestants shall wear underpants and brassieres. However, contestants may weigh-in in the nude if they want to do so.

**22. INDEMNITIES**

- i. Participants without proper insurance coverage will not be allowed to compete in the championships.
- ii. The Organizing Committee will acquire general Public Liability event insurance.

**23. ACCOMMODATION & TRANSPORTATION**

The participating teams are required to submit the hotel reservation only via the forms provided on WT GMS and email the forms alongwith other information to Pakistan Taekwondo Federation by **28 Jul 2026**. Due to number of uprising demand of high season it is recommended to make booking and payment on time. Teams shall pay an entry fee to the Organizing Committee via transfer or with cash in US\$ at the Venue.

**Pakistan Taekwondo Federation (Banking Information):-**



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Holder of Account	Pakistan Taekwondo Federation
Bank Address	Civil Lines Branch, Rawalpindi, Pakistan

Teams booked hotels via federation will be provided transportation.

Local transportation is also provided in Islamabad.

- i. Between all official hotels and the registration center
- ii. Daily transportation shuttle service between all official hotels and the competition venue on competition days
- iii. Daily transportation shuttle service between official hotels and training venues on training days prior to the event
- iv. Transportation shuttle service between official hotels and competition venue for athletes attending the weigh in

### BOARDING & LODGING WAIVER CRITERIA

The first 10 National Teams to register exactly 10 athletes according to the following breakdown will receive a full boarding and lodging waiver:

- Poomsae: Minimum 4 athletes
- Kyorugi: Minimum 4 athletes
- Para-Kyorugi: Minimum 2 athletes

#### Important Note

- Teams must have exactly 10 athletes fitting this criteria to qualify. No partial waivers will be given for fewer than 10 athletes. Any extra athletes beyond the initial 10 must pay full price for accommodation and meals.
- **This waiver applies only to teams that actually compete in the event. Teams that register but do not participate will be disqualified from the waiver.**
- **Hotel room assignments operate on a first-come, first-served basis.**
- National Teams that meet the above conditions shall stay at the hotel designated by the Organizing Committee.

***To avail this facility National Teams must first register through WT SimplyCompete and then send a formal request to ATU (copying OC), get the confirmation from ATU & OC for the waiver. Please be advised that waivers will be processed strictly in the order official email requests are received. Teams that fail to send an email request will not be eligible for the waiver, even if the registration criteria are met.***

### 24. VISA INFORMATION

<https://visa.nadra.gov.pk>

Kindly check the above-mentioned link for countries that can apply online and those that can have the Visa on Arrival (<https://visa.nadra.gov.pk/list-of-countries-for-visa-prior-to-arrival/>) (approximately 126 countries can get a visa on arrival, apply 24 hours before departure). All other countries must apply for an online visa at <https://visa.nadra.gov.pk/other-visa/> (6 weeks before the start of the event).



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For Visa Invitation Letter, contact PTF Secretariat office so the help can be extended well in time. In case of any discrepancy, the Federation will facilitate the visa process, for this purpose, anyone can contact OC at [ptf\\_wasim@yahoo.com](mailto:ptf_wasim@yahoo.com).

### 25. ATHLETE REPLACEMENT

In the event that the registered athletes should be replaced by another due to injuries, the participants can officially request to the ATU for the replacement by **no later than 09 August 2026** by submitting 'Athlete Late Replacement Form' together with certification from the medical doctor in the language of the pertinent country and also in English to [admin@asiantu.org](mailto:admin@asiantu.org) and [ptf\\_wasim@yahoo.com](mailto:ptf_wasim@yahoo.com). The decision on the acceptance will be made after evaluation of the submitted documents.

### 26. COACH'S REQUIREMENTS

All coaches are required to hold WT Coach Certificate Level II. **Coaches those do not hold Level-II coach certificate will be deleted from the registration and not allowed to coach at the Championships.**

All coaches are required to wear formal suit such as tie, jacket, dress shirt (long or short), and trousers, and sport shoes during Semi-Finals and Finals. Any type of cap/hat is not allowed. If any coach refuses to wear abovementioned attire, he or she will not be allowed to coaching for this championship.



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### SCHEDULE

### ATHLETE LATE REPLACEMENT FORM

To: Asian Taekwondo Union

Email: [admin@asiantu.org](mailto:admin@asiantu.org)

NAME OF COMPETITION: 8th WT President's Cup Asia Region 2026

SUBSTITUED ATHLETE (to be removed from team list)

ATHELTE NAME ( <u>Family name in capital letter</u> )	
GENDER	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE
WT GAL Number	
Date of Birth (Day/ Month/ Year)	
Weight Category	KG
Date and place of Injury	
Medical Condition	

**\* A separate certificate by the medical doctor on the athlete's injury and medical condition should be attached in the language of the pertinent country and in English.**

SUBSTITUED ATHLETE (to be added to team list)

NATIONALITY		PHOTO
ATHELTE NAME ( <u>Family name in capital letter</u> )		
GENDER	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE	
WT GAL Number		
DATE OF BIRTH (Day/ Month/ Year)		
COUNTRY OF BIRTH		
Weight Category	KG	
PASSPORT NUMBER		
KUKKIWON      DAN      CERTIFICATE NUMBER		

**MNA PRESIDENT SIGNATURE & STAMP**

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**\* IMPORTANT: This form will be accepted only if medical confirmation in writing in English from the responsible medical doctor is attached to this form after due evaluation of the ATU.**



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