

# Welcome to Russian Open 2019!

**9<sup>th</sup> International WTF G-1 Ranking Taekwondo Tournament «Russian Open»,  
September 28-29, 2019, Moscow, Russian Federation**

## Outline

1. Organizing  
Committee:

Russian Taekwondo Union  
RTU President: Anatoly Terekhov  
119270 Moscow, Luzhnetskaya nab. 8  
Tel: +7 495 637 0628  
E-mail: [russianopen2016@gmail.com](mailto:russianopen2016@gmail.com)

2. Competition Venue:

Sport Hall MGSU  
Moscow, 26, Yaroslavskoye shosse, bld. 4, Russia

3. Competition Dates:

September 28-29, 2019

4. Qualifications:

- \* Must be a holder of nationality of the Participating country
- \* One recommended by the National
- \* Association Member of WT (entry must be supported with the list of participants signed by MNA President or General Secretary)
- \* Dan/poom certificate is obligatory.

\* WT Global License is mandatory

5. Age:

Seniors – born in 2002 and elder

6. Competition Rules:

The WT Competition rules.

7. Time mode:

Seniors - 3 rounds x 2 minutes (1 min. break)



8. Weight Categories:

Senior male: -54kg, -58kg, -63kg, -68kg, -74kg, -80kg, -87kg, over 87 kg  
Senior female: -46kg, -49kg, -53kg, -57kg, -62kg, -67kg, -73kg, over 73 kg

9. Team entries per team:

Not limited

10. Protective Equipment & Uniform:

The participants shall wear the WT recognized taekwondo Uniform. Daedo PSS will be used at this Tournament. Daedo Electronic Body Protectors and electronic head gears will be provided by the Organizing Committee.

Groin/forearm/shin guards and gloves are compulsory and must be brought by the contestants.

Mouth piece is compulsory! All athletes must bring their own Daedo sensor socks.

11. Medical Control:

Use of drugs or doping by any chemical substances prescribed in the WT Regulations or Doping Control is strongly prohibited.

The Doping Control Company at random sampling will carry out the medical doping tests.

12. Applications:

DEADLINE FOR APPLICATIONS is

15.09. 2019

(11.59 p.m. Moscow time)

Entries after the deadline will only be accepted with fine sanctions (100 Euro per person or equivalent in ruble)

The on-line registration service is provided

at: <https://worldtkd.simplycompete.com/>

13. Entry Fee:

The Entry Fee for each participant is **100 Euros per Athlete (or in ruble equivalent by the Central bank of RF)** and must be paid by bank transfer to the bank account of RTU.



ATTENTION:

ALL THE PRIZE WINNERS OF WORLD  
TAEKWONDO CHAMPIONSHIPS IN MANCHESTER  
ARE FREE FROM ENTRY FEES AT RUSSIAN  
OPEN 2019!

**IMPORTANT:** If the athlete registered on-line <https://worldtkd.simplycompete.com/> does not take part in the competition for some reason, but he/she has not been removed from the list of participants before the end of on-line registration which is (September 15, 2019), his/her team official must fully (100%) pay his Entry fee for participation.

Entry fee is not refundable back to the participant!

14. Indemnities:

It is the responsibility of each MNA to make sure that the on-line forms are properly filled in as well as the forms attached to the Outline for additional information. The forms are to be signed correctly by participants and the official representatives of the National Association indemnifying the organizers, other contestants and officials from any claims of injuries, losses, damages or violence arising during the championships or any activities linked therewith. Each MNA must ensure that they have a sufficient insurance coverage for each contestant and official member. Participants without proper participation forms and without sufficient insurance coverage will not be allowed to compete. Please, send the Indemnity forms to the e-mail: [russian.open2016@gmail.com](mailto:russian.open2016@gmail.com)

15. Accreditations:

Accreditation Centre will be open Sport Hall from  
**10.00– 20.00, September 27, 2019**



Official representatives (1 or 2 persons per team only) must present for checking each participant's and official's passports (or the Certificate of Birth for minors) and pay in the Entry Fees for the whole team. Doctors can get their accreditation only if they present their medical Certificate. One coach is registered for 5 athletes. Each additional coach has to pay for the accreditation 25 Euro.

Accreditations may only be given out if the team paid the Entry Fee in full amount.

The participation in the "Russian Open" 2019 Tournament will only be possible with the Accreditation card. The photo on the accreditation card is obligatory and must be uploaded while registering on-line at website. For guests – the entrance is free.

#### 16. Weigh-in:

The weigh-in of the contestants takes place on the previous day of the weight division that they compete. During the weigh-in, the male contestant shall wear underpants and the female contestant shall wear underpants and brassiere. However, the contestant may weigh-in nude if he/she wishes to do so. The weigh-in will be conducted according to the timetable.

If the athlete has to change his/her weight category after the weigh-in –this will cost 50 Euro per person.

#### 17. Competition Timetable:



**25-27 September** Teams' Arrival & Trainings

10:00-20:00 On-site Registration (Sport Hall)

17:00-19:00 Weigh-in for (Sport Hall)

19:00-20:00 – Head of team meeting and Drawings

20:00-21:00 – Referee training

10:00-20:00 – Trainings for the teams

**28 September** 1st Day of Competitions:

08:00 – Morning weigh-in (random draw)

09:00 – Competition starts

Male -54kg, -58kg, -63kg, -68kg

Female: -62kg, -67kg, -73kg, +73kg

10:00-12:00 – weigh-in

Male -74kg, -80kg, -87kg, +87kg

Female: -46kg, -49kg, -53kg, -57kg

13:00-14:00 – lunch

14:00 – Competition starts

20:00 – Awarding ceremony

**29 September** 2<sup>th</sup> Day of Competitions

08:00 – Morning weigh-in

09:00 – Competition starts

Male: -74kg, -80kg, -87kg, +87kg

Female: -46kg, -49kg, -53kg, -57kg

13:00-14:00 – Lunch

14:00 – Competition starts

20:00 – Awarding ceremony

18. Awarding: 1<sup>st</sup> place, 2<sup>nd</sup> place and two 3<sup>rd</sup> places winners will be awarded with Medals

**2 Special Prizes are set by RTU President:**

\* The Most Aggressive female athlete - \$3000

\* The Most Aggressive male athlete - \$3000

19. Referees: International Referees are invited to “Russia Open” 2019 on the following conditions:

- Organizing Committee will cover full board accommodation at 3-4\* hotel for the International Referees in the period of September 27-30, 2019.



September 27 – check-in for referees

September 30 – check-out for referees

- Daily Allowance is 100 Euro per day (equivalent in Russian Rubles) during the days of competitions  
For 2 days of work – 200 Euro
- Transfer from the Airport to Official Hotel, and from the Hotel to the Venue
- Referee application forms can be sent to: [ho\\_k@mail.ru](mailto:ho_k@mail.ru)

20. First Aid: First aid will be provided at the Competition Hall by OC and will be used in case of emergency.
21. Accommodation: Accommodation charges for room and board for teams will be born by the participants and must be paid via Bank transfer (please, see Attachments) The filled in forms for accommodation at the official hotels have to be sent to the OC.
22. Transportation: Round trip airfare will be born by the participating National Taekwondo Teams. OC will be able to provide transfer for teams from the Airport to the official hotel and the other way back on the days of arrival and departure to Moscow (for the additional price) in case if the transportation request form was sent to OC.
23. Training Halls: Free training halls will be provided by the OC for all the teams who should live at the official hotel.
24. Visa Support: To receive a visa invitation letter will be available for the registered participants on the website <https://worldtkd.simplycompete.com/>.

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